

Tips for Parents of Young Workers



7 THINGS YOU BETTER KNOW

- 1 Young workers between 15-24 have a high risk of on-the-job injuries.**
On average, each year 5 workers aged 15-24 die in workplace incidents and an additional 5 die in work-related motor vehicle incidents.*
- 2 Young workers need to be shown the specific hazards of their job.**
Teach your children how to ask their supervisor about the hazards of their job. Make it real by discussing real-life stories. Need some advice? Take a look at the booklet **X-Treme Safety: A Survival Guide for New and Young Workers** at www.worksafe.alberta.ca
- 3 All workers have rights and responsibilities.**
The Right to Know - about hazards in the job and how to protect themselves.
The Right and Responsibility to Refuse Unsafe Work - no worker should ever do any work that he or she believes is unsafe and no one can force a worker to do a job that he or she believes is unsafe.
Need more information? Take a look at the booklet **Worker's Guide: Occupational Health and Safety Act** at www.worksafe.alberta.ca
- 4 By law, everyone is responsible for workplace health and safety.**
Employers must do everything reasonably possible to protect workers from injury or illness. Workers must follow company safety rules and always work safely.
- 5 The employer must ensure that workers have the training and equipment they need to protect themselves.**
Teach your children how to appropriately insist on health and safety training if it isn't offered to them.
- 6 Workplace injuries or illness must be reported, no matter how small.**
Encourage your children to report any and all injuries or illnesses to their boss.
- 7 Young workers really do get hurt. Don't think it can't happen.**
Prevent injury and illness by making sure your child knows his or her rights and responsibilities. Remember, every year in Alberta approximately 7,600 workers aged 15-24 report on-the-job injuries.

*Source: Workers Compensation Board - Alberta

For more information for parents about the law and health and safety for young workers, go to the Workplace Health and Safety website at www.worksafe.alberta.ca. If you need help with a concern involving the health and safety of your child's workplace, call the Workplace Health and Safety Contact Centre at 1-866-415-8690.

