

# Is poultry dust making you ill?



*This pocket card is for workers in the poultry farming industry. It gives simple advice on what employees should do to protect their breathing.*

*This is a web-friendly  
version of pocket card  
INDG426, published 02/09*

## Is poultry dust making you ill?



Report symptoms of ill health to your boss and your doctor



This pocket card is available in priced packs of 25 from HSE Books. ISBN 978 0 7176 6349 1. Single free copies are also available from HSE Books. Tel: 01787 881165.

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Wear the respirator all the time when working inside the poultry house



Check the fit of the respirator before each use



The air inside poultry houses contains harmful dusts and micro-organisms



Poultry workers often have breathing problems caused by work (cough, shortness of breath, wheezing)



Follow good working practices set up by your employer



Wear the correct respirator (eg dust mask) for the job

